



POSITIVE INTENTIONS, LLC

CULTIVATING STRENGTH THROUGH POSITIVE INTENTIONS.

Positive Intentions, LLC — Crisis Resources (Pennsylvania)

If you or someone else is in immediate danger, call 911.

24/7 National: Call or text **988** (Lifeline) • **Crisis Text Line:** Text **HOME** to **741741** •
Veterans/Military: Dial **988**, then **Press 1** or text **838255** • **LGBTQ+ youth (Trevor Project):**
1-866-488-7386 or text **START** to **678678**.

Nearest Emergency Departments (from our offices)

Primary address: 811 Monroe St, Stroudsburg, PA 18360

Second location: 78 S. Courtland St., Ste. 3, East Stroudsburg, PA 18301

- **Lehigh Valley Hospital–Pocono — Mattioli Emergency Center**
206 E. Brown St, East Stroudsburg, PA 18301
Open 24/7 • **570-421-4000**
- **St. Luke's Hospital — Monroe Campus (Emergency Department)**
100 St. Luke's Ln, Stroudsburg, PA 18360
Open 24/7 • Main hospital **272-212-1000** (ED line **272-212-1200**)

When safe to do so, consider calling 911 for ambulance transport instead of driving yourself.

Pennsylvania County Crisis Numbers (24/7 unless noted)

Alphabetical by county. If your county isn't listed, call 988.

- **Adams:** 1-866-325-0339 (TrueNorth Wellness Services)
- **Allegheny:** 1-888-796-8226 (re:solve Crisis Network)
- **Armstrong:** 1-877-333-2470 (Armstrong/Indiana Behavioral & Developmental Health Program)
- **Beaver:** 1-800-400-6180 (Beaver County MH/ID)
- **Bedford:** 1-866-611-6467 (Bedford–Somerset DBHS)

811 Monroe St., Stroudsburg, PA 18360



POSITIVE INTENTIONS, LLC

CULTIVATING STRENGTH THROUGH POSITIVE INTENTIONS.

- **Berks:** 610-236-0530 (Service Access & Management)
- **Blair:** 1-800-540-4690 (UPMC Crisis)
- **Bradford:** 1-877-724-7142 (Dickinson Center)
- **Bucks:** 1-800-499-7455 (Bucks County Crisis)
- **Butler:** 1-800-292-3866 (Center for Community Resources)
- **Cambria:** 1-877-268-9463 (County MH/ID)
- **Cameron:** 1-800-652-0562 (Center for Community Resources)
- **Carbon:** 570-992-0879 or 1-800-849-1868 (Carbon–Monroe–Pike MH/DS)
- **Centre:** 1-800-643-5432 (Centre County Crisis)
- **Chester:** 1-877-918-2100 (Valley Creek Crisis Center)
- **Clarion:** 814-226-7223 (Center for Community Resources)
- **Clearfield:** 1-800-341-5040 (Community Connections of Clearfield/Jefferson)
- **Clinton:** 570-326-7895 (Lycoming–Clinton MH/ID)
- **Columbia:** 1-800-222-9016 (CMSU BH/DS – Columbia/Montour/Snyder/Union)
- **Crawford:** 1-800-315-5721 (Stairways Behavioral Health)
- **Cumberland:** 1-866-350-4357 (Cumberland–Perry Crisis Intervention)
- **Dauphin:** 1-888-596-4447 (Case Management Unit)
- **Delaware:** 1-855-889-7827 (Delaware County Crisis Connections Team)
- **Elk:** 1-800-652-0562 (Center for Community Resources)
- **Erie:** 1-800-300-9558 (Center for Community Resources)
- **Fayette:** 724-437-1003 (Fayette County Crisis)
- **Forest:** 814-726-2100 (8:30a–5p); 814-726-8413 (after 5p/weekends) (Forest/Warren Human Services)
- **Franklin:** 1-866-918-2555 (Keystone Health Crisis)
- **Fulton:** 1-866-918-2555 (Keystone Health Crisis)
- **Greene:** 1-800-417-9460 (Greene County Crisis)
- **Huntingdon:** 1-800-929-9583 (The Meadows/Universal Community Behavioral Health)
- **Indiana:** 1-877-333-2470 (Armstrong/Indiana B&D Health Program)
- **Jefferson:** 1-800-341-5040 (Community Connections of Clearfield/Jefferson)
- **Juniata:** 1-800-929-9583 (The Meadows/Universal Community Behavioral Health)
- **Lackawanna:** 570-348-6100 (Scranton Counseling Center Crisis)
- **Lancaster:** 717-394-2631 (Lancaster Crisis Intervention)
- **Lawrence:** 724-652-9000 (Lawrence County MH/DS)
- **Lebanon:** 717-274-3363 (Lebanon County MH/ID/EI)
- **Lehigh:** 610-782-3127 (Lehigh County Crisis)
- **Luzerne:** 570-829-1341 (Luzerne–Wyoming Help Line)
- **Lycoming:** 570-326-7895 (Lycoming–Clinton MH/ID)

811 Monroe St., Stroudsburg, PA 18360



POSITIVE INTENTIONS, LLC

CULTIVATING STRENGTH THROUGH POSITIVE INTENTIONS.

- **McKean:** 1-800-459-6568 (McKean County MH)
- **Mercer:** 724-662-2227 (Mercer County Crisis)
- **Mifflin:** 1-800-929-9583 (The Meadows/Universal Community Behavioral Health)
- **Monroe:** 570-992-0879 or 1-800-849-1868 (Carbon–Monroe–Pike MH/DS)
- **Montgomery:** 610-279-6100 (MCES Crisis)
- **Montour:** 1-800-222-9016 (CMSU BH/DS – Columbia/Montour/Snyder/Union)
- **Northampton:** 610-252-9060 (Northampton County Crisis)
- **Northumberland:** 1-855-313-4387 (County Crisis Line)
- **Perry:** 1-866-350-4357 (Cumberland–Perry Crisis Intervention)
- **Philadelphia:** 215-686-4420 (DBHIDS Suicide & Crisis Intervention) • 215-685-6440 (Mental Health Delegate Line)
- **Pike:** 570-992-0879 or 1-800-849-1868 (Carbon–Monroe–Pike MH/DS)
- **Potter:** 1-877-724-7142 (Dickinson Center)
- **Schuylkill:** 1-877-993-4357 (Schuylkill MH/DS)
- **Snyder:** 1-800-222-9016 (CMSU BH/DS – Columbia/Montour/Snyder/Union)
- **Somerset:** 1-866-611-6467 (Bedford–Somerset DBHS)
- **Sullivan:** 1-877-724-7142 (Tioga/Sullivan Crisis)
- **Susquehanna:** 570-348-6100 (Scranton Counseling Center Crisis)
- **Tioga:** 1-877-724-7142 (Tioga County Human Services)
- **Union:** 1-800-222-9016 (CMSU BH/DS – Columbia/Montour/Snyder/Union)
- **Venango:** 814-432-9111 (collect calls accepted) (Venango County Human Services)
- **Warren:** 814-726-2100 (8:30a–5p); 814-726-8413 (after 5p/weekends) (Warren/Forest Human Services)
- **Washington:** 1-877-225-3567 (Washington County DHS)
- **Wayne:** 1-833-557-3224 (Wayne County Crisis — CCR)
- **Westmoreland:** 1-800-836-6010 (Westmoreland Community Action)
- **Wyoming:** 570-829-1341 (Luzerne–Wyoming Help Line)
- **York:** 717-851-5320 (York Hospital Crisis Intervention)

How to use this list

- Use **988** anywhere in the U.S. if you're unsure which county number to call.
- Mobile crisis and in-person response may be available through your county crisis line.
- If there's a medical emergency (overdose, injuries, loss of consciousness), call **911**.

Prepared for Positive Intentions, LLC clients. Last updated: September 1, 2025.

811 Monroe St., Stroudsburg, PA 18360